



Tera's Story

For the last 13 years, I've wanted a few things- my kids, a "mom" SUV, a loving husband, and getting my license back. I was robbed of these things with no hope



of ever getting these. I've sat here for 13 years daydreaming and wondering "would I know how to enroll the kids in school, buy them things they need, keep up with a clean house, take them places they need, have a good and loving man?" All daydreams because I have been told that these will not ever be possible. I was robbed of these things because of a diagnosis of schizophrenia.

And I sit here tonight, with my loving husband that I am CRAZY about, two of my teenage sons, in my own apartment, my "mom" van sitting outside, and dinner on the stove and in the oven... And wonder if this is reality because it can't be possible.

I have beat my illness. I have everything I've always wanted and thought would never be possible.

Thanks to the Thunderbird Clubhouse. Without their support and confidence in me that I can do anything, I would not be prepared for this moment of my life. And my family, all my friends... I am part of y'all and your "normal" lives. I fit in with everyone and also society.

Being different is something everyone wants. Not me. I want a happy, normal life.

I have a husband and two VERY hungry boys to feed. I just wanted to share because I am overcome with awe, love, and life.

Written by Tera White,

Thunderbird Clubhouse member 12/17/21

2021 By the Numbers

We reached out to 625 members through mail, phone messaging, or home interactions

130 members participated in social & holiday activities

137 members participated in virtual or in-person work-ordered day activities

We assisted 55 members with housing support

We prevented 58 individuals in the community from becoming homeless

We provided hotel stays for 142 unhoused individuals

We assisted 91 individuals experiencing homelessness in securing permanent housing

We awarded 8 education scholarships

We helped 7 members gain employment

We had 46 members complete the

Individual Development Account program

227 members received lunches or food boxes

We delivered 1,268 meals to members and their families from January to April

We served 2,146 meals from May to December

35 members were active in our Artist Collective

10 members received art grants

We provided 13,978 hours of support to our members

We were innovative, flexible, and able to support our members while prioritizing the safety of our community through a pandemic.

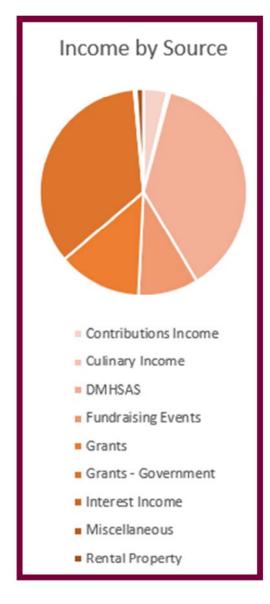


Our Mission

At Thunderbird Clubhouse we are creating a new future for adults recovering from mental illness through the positive power of meaningful work, community, choice and hope.

Members gain access to opportunities to rejoin the worlds of friendship, family, employment, education, and the individual support needed to continue in recovery.

In all times our focus is simple, but life-changing: focus on what we and our members can accomplish rather than on members illness

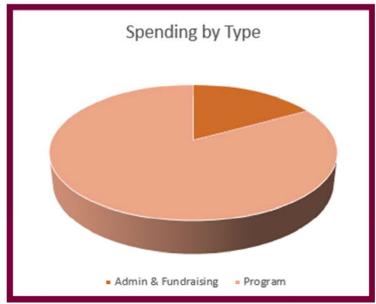


For more information please visit www.thunderbirdclubhouse.org

Point the camera of your digital device at the image below to go to our homepage



To view additional financial information, including audited financial statements, visit our page at GiveSmartOKC





Click this QR code for 3 minutes of calm, Tai Chi with Alex

